

HPER 133 : Pickleball

Credits: 1

Class Hours: 2 lecture/lab

Description: This course is a beginning pickleball class, which is a court game that combines skills from tennis, ping pong, and badminton. Throughout this class we will focus on developing basic skills and implementing them into game situations. We will cover skills such as ball control, drive/lob serve, forehand and backhand drive, dink, volley, drop shot, lob, smash, and game strategy.

Semester Offered: Fall, Spring

Course Student Learning Outcomes (CSLOs):

1. Identify the rules, strategies, history, safety, and etiquette of pickleball.
2. Demonstrate correct technique for the skills used in pickleball.
3. Demonstrate knowledge of how to keep score and use different strategies during competitive pickleball games.