

# NURS 220 : Health and Illness I

**Credits:** 10

**Class Hours:** 4 lecture and 18 lab

**Prerequisites:** "C" or higher in NURS 210 and NURS 211. Approval of instructor.

**Corequisite Courses:**

NURS 203

**Description:** This course provides an opportunity for students to develop their assessment skills and utilize common nursing interventions for clients with illnesses common across the lifespan in communities in Hawai'i. The client and family's understanding and acceptance of their illness coupled with clinical practice guidelines and evidence-based research are used to guide clinical judgment in nursing care. Roles of the interdisciplinary team and legal aspects of delegation are explored in the context of nursing care. The cultural, ethical health policy, and healthcare delivery system are explored.

**Semester Offered:** Spring

**Course Student Learning Outcomes (CSLOs):**

1. Utilize reliable sources of information to support nursing care decisions to individuals.
2. Use a structured plan to reflect on personal nursing practices.
3. Utilize ANA Standards of Practice and Code of Ethics to identify potential legal and ethical issues in the delivery of nursing care.
4. Deliver client-centered care.
5. Use therapeutic communication skills in the development of relationships with clients and families.
6. Identify factors that influence access and continuity of health care.
7. Develop a plan of care for clients that incorporate evidence-based strategies, clinical judgments based on assessment data, and an understanding of the client's perspective and illness experience.
8. Identify nursing care situations requiring the need for delegation and leadership.
9. Practice in the role of professional nurse as part of the health care team.