



## Liberal Arts: Associate in Arts Degree (Exploratory Health)

The Liberal Arts program provides courses that develop general intellectual capacities, such as reason and judgment. These studies encourage students to think clearly and creatively, to seek and assess information, and to communicate effectively. As the liberal arts are the foundation for a good education in any field, many of the courses are prerequisite for career and technical programs. Beyond the mission of preparing students for further education, however, the Liberal Arts program is committed to developing well-rounded individuals with the skills to face the challenges of life and to make positive contributions to society. The Liberal Arts Health concentration provides students exposure to health-related courses. Completing the Liberal Arts Health concentration allows students to meet the program prerequisites for the KCC Nursing program provided that they meet the minimum requirements. It also prepares them for transferring to many allied health baccalaureate programs as well as any other baccalaureate programs in which a Liberal Arts A.A. qualifies. Students wishing to major in pre-professional health programs, such as medicine, dentistry, or veterinary sciences should consider the Associate in Science in Natural Science major in lieu of this Liberal Arts Health concentration.

### **Program Admission Requirements:**

Kauai Community College has an open door policy so that once students are admitted to the College they can designate themselves as Liberal Arts students and be in the program.

### ***Program Student Learning Outcomes (PSLOs) approved 10/15/2014:***

1. Communicate effectively both orally and in writing in Standard American English, and interpret, and/or express themselves in, some other form of communication at a basic level, whether from knowledge of a second language or through artistic or symbolic expression.
2. Make and express critical judgments about issues and ideas after accessing, analyzing, and synthesizing relevant information, using technology where appropriate; use creative and critical thinking skills to weigh the relative merits of opposing positions; and apply knowledge of formal systems of reasoning and logical fallacies in arriving at informed opinions.
3. Apply quantitative methods appropriately; analyze real-life situations using numeric, graphical, and symbolic models, and verbally explain these models; and recognize the impact of mathematics on the sciences, society, and everyday life.
4. Analyze the behavior of people from psychological, sociological, philosophical, and anthropological perspectives, and knowledgeably consider the social, political, and economic implications of human interactions in order to make informed personal and social choices.
5. Support opinions and make decisions based upon a scientific understanding of the physical and natural world, and appropriately apply the scientific method to test ideas, measure and evaluate results, develop models, solve problems, and generate new ideas.
6. Demonstrate a sympathetic awareness of the values and beliefs of their own and other cultures; explain the historical dimensions of contemporary affairs and issues; analyze the interactive roles that social, religious, artistic, political, economic, scientific, and technological forces play in society; and engage responsibly in their roles as citizens with issues affecting themselves, their families, their communities, and the world.
7. Demonstrate an aesthetic appreciation of creative and original expression and, making use of natural gifts, acquired knowledge, and the intense discipline of art, engage in creative activities which enrich their quality of life.
8. Make informed decisions based on an understanding of the qualities of a healthful lifestyle, explain the connection between a healthy body and a thoughtful mind, perform group activities cooperatively, and engage in healthful physical activity.

## Fall (Semester 1)

Course	Course Title/Category	Credits
ENG 100	Composition I	3
HLTH 140	Introduction to Human Body Systems and Related Medical Terminology	3
PSY 100	Survey of Psychology	3
	Diversification: Physical Sciences (DP): CHEM 151 or CHEM 161	3
	Diversification: Laboratory (science) (DY): CHEM 151L or CHEM 161L	1
	Foundations: Quantitative Reasoning (FQ) - Exploratory Major	3-4

1. ENG 100: This course fulfills the Foundations: Written Communication (FW) category.
2. HLTH 140: This course fulfills the Health and Wellness: Cognitive Health (CH) or Physical Health (PH) graduation requirement.
3. PSY 100: This course fulfills the Diversification: Social Sciences (DS) category.

## Spring (Semester 2)

Course	Course Title/Category	Credits
MICR 130	General Microbiology	3
MICR 140L	General Microbiology Lab	2
PHYL 141	Human Anatomy and Physiology I	3
PHYL 141L	Human Anatomy and Physiology I Lab	1
	Diversification: Humanities (DH): Any DH course	3
	Foundations: Global and Multicultural Perspectives (FG): Any FGA, FGB, or FGC course	3

1. PHYL 141: This course fulfills the Diversification: Biological Sciences (DB) category.
2. PHYL 141L: This course fulfills the Diversification: Laboratory (science) (DY) category.
3. Diversification: Humanities (DH): The DH course should also be designated as a Pacific Cultures (PC) course.
4. Foundations: Global and Multicultural Perspectives (FG): A total of 6 credits are required. The FG courses should be taken in Semesters 2 and 4. Any two courses with different FG designations are required.

## Fall (Semester 3)

Course	Course Title/Category	Credits
PHYL 142	Human Anatomy and Physiology II	3
PHYL 142L	Human Anatomy and Physiology II Lab	1
PSY 240	Developmental Psychology	3
	HLTH 155 or NURS 212	3
	Electives: Any 100-level or higher course (3 credits)	3
	Oral Communication (OC): A.A. Core Options	3

1. PHYL 142: This course fulfills the Diversification: Biological Sciences (DB) category.
2. PHYL 142L: This course fulfills the Diversification: Laboratory (science) (DY) category.
3. PSY 240: This course fulfills the Diversification: Social Sciences (DS) category.
4. Electives: A total of 3-6 credits are required. Additional Electives may be taken in Semester 4 only if necessary.

## Spring (Semester 4)

Course	Course Title/Category	Credits
	Diversification: Arts (DA): Any DA course/courses (1-3 credits)	1-3

Diversification: Literatures (DL): Any DL course	3
Diversification: Social Sciences (DS): Any DS course	3
Electives: Any 100-level or higher course (3 credits)	3
Foundations: Global and Multicultural Perspectives (FG): Any FGA, FGB, or FGC course	3

1. Diversification: Arts (DA): At least one of the DA courses should also be designated as an Alternative Communication (AC) course.
2. Diversification: Literatures (DL): The DL course should also be designated as a Writing Intensive (WI) course.
3. Diversification: Social Sciences (DS): Except for PSY courses, any other DS course may be chosen.
4. Electives: A total of 3-6 credits are required. Additional Electives may be taken in Semester 4 only if necessary.
5. Foundations: Global and Multicultural Perspectives (FG): A total of 6 credits are required. The FG courses should be taken in Semesters 2 and 4. Any two courses with different FG designations are required.

## Graduation Requirements (to be satisfied within the 60-credit A.A. degree)

Course	Course Title/Category	Credits
	Graduation Requirement: Alternative Communication (AC): Any AC course	
	Graduation Requirement: Health and Wellness (Cognitive Health, CH, or Physical Health, PH): Two credits of any CH or PH course	2
	Graduation Requirement: Pacific Cultures (PC): At least one PC course	
	Graduation Requirement: Writing Intensive (WI): At least 1 WI course	
	<b>Total credits:</b>	<b>60</b>

## Category Descriptions

### Diversification: Arts (DA): Any DA course/courses (1-3 credits)

Credits required for category: 1 - 3

Refer to the "Diversification and Foundations Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

### Diversification: Humanities (DH): Any DH course

Credits required for category: 3

Refer to the "Diversification and Foundations Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

### Diversification: Literatures (DL): Any DL course

Credits required for category: 3

Refer to the "Diversification and Foundations Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Diversification: Social Sciences (DS): Any DS course

Credits required for category: 3

Refer to the "Diversification and Foundations Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Foundations: Global and Multicultural Perspectives (FG): Any FGA, FGB, or FGC course

Credits required for category: 3

Refer to the "Diversification and Foundations Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Foundations: Quantitative Reasoning (FQ) - Exploratory Major

Credits required for category: 3 - 4

Choose from the following:

MATH 103, MATH 115, MATH 140X, MATH 241

## Graduation Requirement: Alternative Communication (AC): Any AC course

Refer to the "Graduation Requirement Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Graduation Requirement: Health and Wellness (Cognitive Health, CH, or Physical Health, PH): Two credits of any CH or PH course

Credits required for category: 2

Refer to the "Graduation Requirement Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Graduation Requirement: Pacific Cultures (PC): At least one PC course

Refer to the "Graduation Requirement Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.

## Graduation Requirement: Writing Intensive (WI): At least 1 WI course

Refer to the "Graduation Requirement Course List" under the "Programs (Certificates and Degrees)" section of the catalog for more information.

## Oral Communication (OC): A.A. Core Options

Credits required for category: 3

Refer to the "General Education/Skills Core Options Course List" under the "Programs (Certificates and Degrees)" section of the catalog for a list of courses that will fulfill this category.